



Sue Crowe Memorial  
**33<sup>rd</sup> Nittany Valley Arts Festival™**  
**5K & 10K Road Race**



“The biggest, longest-running race in Central Pennsylvania”

Sunday, July 13, 2008, 8:30am

- WHERE:** Medlar Field at Lubrano Park on Penn State's University Park Campus. Start and finish of both races will be near the Spikes' home ball park.
- COURSE:** The 5K course will be a tour of the east end of the Penn State campus. The 10K course will cross North Atherton Street to the new West Campus by way of the IST building, then return to Medlar Field. Course maps are available at <http://www.nvrun.com/af.html>
- AWARDS:** 1,2,3 male and female overall  
 Awards to the first three in each ten-year age group – male and female.
- T-SHIRTS:** Official Arts Festival™ race t-shirts guaranteed to the first 500 registered participants.
- FEES:** \$15 if postmarked by **July 1, 2008**, \$20 after that and on race day, **NVRC members deduct \$2.**
- WEB SITE:** There's more information about the Arts Fest races, including race history, lore, and results, at <http://www.nvrun.com/af.html>

**SPONSORS:**



**PRE-REGISTRATION:**

**Offline Registration:**  
 Make checks payable to:  
**NVRC**

Mail entry to:  
**NVRC Arts Festival Race**  
**P.O. Box 10348,**  
**Calder Square**  
**State College, PA 16805**

Register Online at  
[www.active.com](http://www.active.com)

**LATE REGISTRATION AND PACKET PICK-UP:** Participants may pick up race packets and register on Sat., July 12 from 10am-5pm at the Centre County Convention & Visitors Bureau, 800 E. Park Ave.

**RACE DAY REGIST:** 7am-8am at Medlar Field at Lubrano Park - Home of the State College Spikes

**ACCOMMODATIONS:** Contact the CCCVB at (800) 358-5466 or email [cccvb@visitpennstate.org](mailto:cccvb@visitpennstate.org)

**QUESTIONS:** Call Amy Paster (814-865-3708), visit [www.nvrun.com](http://www.nvrun.com), or email [ArtsFest10K@yahoo.com](mailto:ArtsFest10K@yahoo.com)

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**Sue Crowe Nittany Valley Arts Festival™ 10K & 5K Road Race**

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ 5K \_\_\_\_\_ 10K \_\_\_\_\_  
 Address \_\_\_\_\_ Shirt Size S M L XL  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ NVRC Member? Y N  
 Phone \_\_\_\_\_ Email \_\_\_\_\_ Birthdate \_\_\_\_\_

In consideration of the acceptance of my entry and intending to be legally bound, I hereby, for myself, my heirs, my executors and administrators, do waive, release, and discharge all rights and any claims which I may have, or which may hereafter accrue to me, against The Pennsylvania State University, State College Borough, and any and all members of the NVRC and the Central Pennsylvania Festival of the Arts™, and all named and unnamed sponsors and volunteers, while traveling to and from the event, participating in the event, or using any and all facilities, for any and all injuries suffered by me in this event. I understand any race is potentially dangerous and hereby attest and affirm that I am sufficiently conditioned for this event.

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/guardian if entrant is under 18 years of age \_\_\_\_\_ Date \_\_\_\_\_

The Nittany Valley Running Club produces the Nittany Valley Arts Festival™ 10K & 5K Road Race as an authorized independent entity working collaboratively with the Central Pennsylvania Festival of the Arts™