

25th Annual Nittany Valley Half Marathon

**WHEN: 10:00 a.m.
Sunday, November 2, 2008**

WHERE: Ag Arena on the Penn State Campus, at the corner of Park Avenue and Porter Road (diagonally from Beaver Stadium).

AWARDS: Overall first, second, and third awards, men and women. Age group bobblehead awards to the top three males and females 19 and under, and each five year increment from 20-24 through age 89. Three awards to **Clydesdale** division (male >200 lbs).

T-SHIRTS: Long-sleeved, 100% cotton shirts guaranteed to the first 400 registrants.

COURSE: The course loops through rolling and mostly rural terrain. It starts at the Ag Arena, proceeding north along a short gravel road to Orchard Road (paved), right on Orchard, then left on Wiley Lane, then right on Pasture View Road, then right on Farm Ten Road to Orchard. Left on Orchard, passing the one mile mark, then right on the first gravel road, which leads to the gravel road we started on. Repeat the loop just traversed. When the original north-traveling gravel road is reached the second time, left on Orchard and then right on Fox Hollow Road. Follow Fox Hollow/ Fox Hill past the airport, then right on Rock Road. Follow Rock Road down into Spring Creek Canyon, then under I-99 and up a short, steep hill to Houserville Road. Follow Houserville to a right onto Puddintown Road, then right on Orchard Road (again!) and up a long hill past the hospital. Left on Park Avenue, left on Porter Road past the Joe



www.nvrun.com

Paterno statue, left just past Joe, and circle into the parking lot of the Visitors Center.

Course map at www.nvrun.com.

Race walkers and slower runners are welcome, but the course will close 2 hours and 45 minutes after the race begins.

Except for Rock Road, the course is open to traffic, and runners need to abide by pedestrian laws.

QUESTIONS: To Race Director Dave Egger (814-571-1960, egger@geosc.psu.edu)

VOLUNTEERS: The race depends on the generous support of volunteers. Contact Dave.

REGISTRATION: \$17 if received by Nov. 1, \$20 on race day. NVRC members subtract \$2. Checks to NVRC. Mail to NVRC, PO Box 10348, State College PA 16805. For online registration check the calendar at www.nvrun.com.

Registration & pickup 1-3 p.m. Nov. 1 at the Ag Arena. Race day registration 8:30-9:30 a.m. at the Ag Arena.

RACE PROCEEDS: benefit Centre Volunteers in Medicine (www.cvim.net), which serves the uninsured/ underinsured.

Sponsors: Tom Cali, Remax Centre Realty & Tag Communications Services.

Name_____

Age Race Day_____

Gender: M F

NVRC Member? Y N

Address:_____

City_____

State_____ Zip_____

Phone () _____ - _____

Email_____

Clydesdale (M >200 lb.) ? Y N

T-Shirt Size: S M L XL

Have your own chip? No. _ _ _ _ _

In consideration of the acceptance of my entry, and intending to be legally bound, I hereby, for myself, my heirs, my executors, and administrators, do waive, release, and discharge all rights and claims which I may have, or which may hereafter accrue to me, against any and or all members of the Nittany Valley Running Club, all named and unnamed sponsors, and volunteers, while traveling to and from the event, participating in the event, and using any and all facilities, for any and all injuries suffered by me in this event. I understand that a 13.1 mile race is potentially dangerous and hereby attest and affirm that I am sufficiently conditioned for this event.

Signature of entrant

Date_____

Parent Signature (if participant is under 18)
