

BLOOMSBURG UNIVERSITY PRESENTS
THE MARKET STREET MILE
& Kids' ¼ and ½ mile runs
as we invite you to "Be At Bloomsburg Downtown"
FRIDAY, AUGUST 22nd @ 6:30 P.M.

COURSE: The wheel-measured course will start near the fountain at the Square in downtown Bloomsburg and continue straight down Market Street to the Town Park/river. Women will race on the left side of the street and men on the right with separate chutes at the finish. Following the mile race, there will be a ½ mile run for kids ages 6 through 10 and a ¼ mile race for kids ages 5 and under. Kids' races will end at the same finish line as the mile race.

ENTRY FEE: \$12.00 advance registration (deadline August 11th); \$15.00 afterward and day of race for 1 mile run; \$8.00 advance registration (deadline August 11th); \$10.00 afterward and day of race for ¼ and ½ mile runs. T-shirts guaranteed to the first 150 registrants.

REGISTRATION: Mail completed and signed entry form and fee to:
Karen Brandt, XC Coach Phone# 570-389-5123
C/o Bloomsburg University
400 East Second Street
Bloomsburg, PA 17815 email: kbrandt@bloomu.edu
Checks payable to: BUF/XC & Track (Proceeds from the race benefit runners' athletic scholarships at Bloomsburg University.)

Race day registration, packet pick-up, parking and restrooms at Town Park. Start line at the fountain/square. Run or walk from registration to start line as your warm-up! (Limited, "emergency" registration will be accepted at the start line but please make every attempt to register at the park. No pre-registered packets will be at the start area.)

AWARDS: Awards will be presented to the top 2 overall male & female. The top 3 male & female in each of the following age groups will also be awarded: 1 mile race = 11 to 14; 15 to 19; 20 to 29; 30 to 34; 35 to 39; 40 to 44; 45 to 49; 50 to 54; 55 to 59; 60 to 69; and 70+. An award will be presented to the 1st finisher in the ¼ mile race (age 5 and under) as well as to the 1st finisher in the ½ mile race (age 6 through 10). All other participants in the ¼ and ½ mile races will receive a finisher's ribbon

ENTRY FORM

NAME: _____ **AGE:** _____ **GENDER:** M or F
ADDRESS: _____ **CITY:** _____ **STATE:** _____
ZIP CODE: _____
T-Shirt Size: S M L XL **PHONE:** _____
Emergency Contact: _____ **Phone:** _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. It is my declaration that I consider myself in such physical and medical condition and that I have sufficient training to enable me to participate in this event. I agree to abide by any decision of a race official relative to my ability to safely complete this race. I assume all risks associated with running this event including but not limited to falls, contact with other participants, effects of weather including high heat and/or humidity, traffic and conditions of the road, insect bites and/or bee stings, and course conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf including but not limited to heirs, executors and administrators, waive and release Bloomsburg University, the Town of Bloomsburg, its officers and agents, all sponsors, their representatives and successors, including the claims and liabilities of any kind arising from my participation in this event. The race directors reserve the right to reject any entry.

Participant's signature: _____ **Date:** _____

Signature of parent or guardian (if under 18): _____